



How your support will help

Your support will touch lives. By ensuring we can continue to help those who are most in need, you can have a lasting impact:

“Thank you for giving my life back.” a domestic violence survivor after we helped her to rebuild her skills and confidence

“Thank you for giving us a holiday of a lifetime.” A mum who could take her children on their first ever family holiday

“I’m lucky he’s being looked after in such a wonderful caring way.” a wife whose husband has severe dementia and is being cared for in one of our residential aged care facilities

Your gift now will help us achieve so much more towards our goal to create caring and inclusive communities

- \$20 will buy craft materials for a children’s supported playgroup to teach children how to play and use their imagination
- \$30 will support a play therapy session for a child who has experienced abuse to help them come to terms with what they have been through
- \$50 will provide an hour’s entertainment such as a pianist at one of our aged care facilities to keep our residents active and positive
- \$100 will create a Reminiscence Kit to promote memories for our older residents with dementia to help them talk to their families
- \$200 will run a domestic violence helpline for a week to give support to women in distress
- \$500 will enable one family to receive counselling and intensive support for a month with a qualified case worker
- \$1,000 will help us to run a mobile playgroup which goes out to isolated communities to make sure children don’t miss out on pre-school play

Whatever you can give, it *will* make a difference.

Thank you for your support.