

PARC BOOKSHOP

The Post Adoption Resource Centre stocks a range of internal and external publications for sale to clients, other professionals and libraries. These are recommended and used by the Centre's counsellors.

The cost of postage and packaging (Australia) has been included in the prices quoted. To enquire about orders from outside Australia, please email us for a correct price. All prices include GST where appropriate.

Please let us know about new books dealing with post adoption issues that come to your attention by contacting the Post Adoption Resource Centre.

Books and resources may currently be ordered by:

- Downloading an order form and faxing order (02 9365 3666)
- Phone (02 9365 3444)
- Email (parc@bensoc.org.au)
- Direct from PARC's office at Bondi, NSW

A Child to Call My Own

Post Adoption Resource Centre, 2003

Research exploring the interplay between being adoption and parenting one's own child.

Adoption and Loss: The Hidden Grief

Evelyn Robinson, Clova Publications, 2000.

A birthmother writes of her personal experience of adoption and loss as well as looking at the effects on other members of the triangle.

Adoption and Recovery: Solving the Mystery of Reunion

Evelyn Robinson, Clova Publications, 2004

A birthmother writes about personal and interpersonal recovery following adoption and adoption reunion.

Adoption Healing: A Path to Recovery

Joe Soll, Gateway Press, 2003

A self-help book for adoptees coming to terms with various aspects of adoption.

Adoption Healing: For mothers who lost children to adoption

Joe Soll, Gateway Press, 2000

Joe Soll's book is intended to help mothers understand the issues around the placement of a child for adoption.

Adoption in NSW

Alexandra Young, Post Adoption Resource Centre, 2004

An information kit for professionals who may meet those affected by adoption in their work.

Adoption: The Common Thread

compiled by Parramatta/Holroyd Family Support, 2001

Personal stories of adoption written by members of the support group and others, from all sides of the adoption triad.

An Australian Son

Gordon Matthews, Reed Books 1996

Through an extraordinary chain of circumstances, Gordon came to believe he was of Aboriginal descent. A fascinating journey of self-discovery.

A Seach Guide for Intercountry Adoptees and their Families

Post Adoption Resource Centre 2006

This publication aims to provide information to ensure that adoptees are better prepared for searching. The guide gives historical and cultural information and provides practical guidance on overseas adoption policies and views on searching. Includes personal stories about searching.

At Least Now I Know: A study of outcomes of contact with relatives separated by adoption

Thea Ormerod, Post Adoption Resource Centre 2001.

This research looks at the reunion experiences of 161 adoptees and birth parents, to get a better understanding of what makes the difference in establishing contact and in maintaining the relationship. It examines the experience of those who were rejected by the birth relative they approached and asks some key questions about how this kind of response impacts upon the searcher.

At Least Now I Know: video

Thea Ormerod, Post Adoption Resource Centre 2001.

Video showing interviews with the participants of the accompanying study discussing their stories and issues around search and reunion.

Coming Home to Self

Nancy Verrier, Gateway Press, 2003

A sequel to Nancy Verrier's previous book *The Primal Wound*. A book for all members of the adoption triad.

Ever After

Gary Coles, Clova Publications, 2004

Moving book about birth fathers, written by a birth father. Deals with the author's personal story as well as a wider look at the experience of men whose children were placed for adoption.

First Letters

Post Adoption Resource Centre

A guide to writing your first letter with actual examples of letters to various parties.

Further Down the Track

Compiled by the NSW Committee on Adoption & Permanent Care Inc, 2001.

A collection of personal experiences of adoption reunions in the authors' own words which may generate a range of emotions in the reader.

Journey of the Adopted Self

Betty Jean Lifton, Basic Books, 1994

A detailed, comprehensive exploration of the experience of adoption from the perspective of the adopted person. Those who enjoyed Lifton's *Lost and Found* will find much to challenge them in this volume.

Has Adoption a Future?: Conference Papers of the 1994 Australian Adoption Conference

Post Adoption Resource Centre, 1994

Contain 28 papers, 6 keynote addresses, 13 workshop addresses, the closing forum and a 10 page conference evaluation. Topics include attitudes to and the effects of searching on the adoptive family, inter-country adoption issues, the effects of separation and disruption, children's rights in adoption, counselling issues, special needs adoptions, self esteem and much more. Free (\$7.00 p&p)

Intermediary Services in Post Adoption Reunion

Post Adoption Resource Centre 2005

This publication comprehensively covers the theory and practice of post adoption mediation. This resource is useful for professionals working in the field of adoption, out of home care, the stolen generation, donor conception and support and self-help groups.

Meetings: A New Beginning

Ed. Alleyne, Jones & Slaytor NSW Committee on Adoption 1987.

A wide variety of experiences of reunion from all perspectives. It also contains help for the worker or support person.

Rachel Weeping

Winsome Smith, Bells Line Books, 1991

Set in the 1950s, this book tells the story of young women who were sent to a home for unmarried mothers and pressured to place their babies for adoption.

Releasing The Past: Mothers' Stories of Their Stolen Babies

Ed: Christine A. Cole. Illustrator: Janice Kashin

NSW Committee on Adoption & Permanent Care, 2008

A collection of personal accounts depicting the dark period in our history in which unwed women were forced, coerced or tricked into "choosing" adoption for their babies.

Search Aftermath

Patricia Sanders and Nancy Sitterly, NSW Committee on Adoption 1990.

An American publication which looks at many issues raised by a reunion after adoption.

The Colour of Difference: Journeys in transracial adoption

Ed: Sarah Armstrong and Petrina Slaytor, The Federation Press (for Post Adoption Resource Centre), 2001

The Colour of Difference is a collection of 27 stories by Australian transracial adoptees, and gives a unique insight into the experience of those being raised in families of a different ethnicity to themselves. The collection will be of interest to adoptees, adoptive parents, those considering adoption, professionals and anyone interested in multiculturalism.

The Girl in the Mirror

Post Adoption Resource Centre 2006

Film made by eight teenage adoptees with the assistance of PARC telling their stories of adoption; both intercountry and local. A fascinating and moving film.

The Many Sided Triangle: a history of adoption in Australia

Margaret McDonald and Audrey Marshall, MUP 2001.

This new text examines Australia's experience of adoption, gives the social context of the times and encourages an examination of past and current practices.

The Path Ahead

Post Adoption Resource Centre 1998

This video is a search guide and an experiential journey into the world of reunion. *The Path Ahead* contains interviews with all members of the adoption triangle about their search, about being found and about the reunion experience. Informative and personal.

The Primal Wound

Nancy Verrier, Gateway Press, Baltimore 1993

Clarifies the effects of separation from the birth mother on adopted children and gives those children whose pain has long been unacknowledged or misunderstood, validation for their feelings as well as explanations for their behaviour. Contributes to the healing of all members of the adoption triad.

Understanding Reunion: Connection and Complexity

Joanne Cowell, Post Adoption Resource Centre, 1996

A detailed research study of the reunion experiences of 81 people.

\$10.00 (\$14.00 inc p&p)

Why wasn't I told? Making sense of the late discovery of adoption

Lynne Perl and Shirin Markham, Post Adoption Resource Centre, 1999

A research report which details the impact of the late discovery of adoption on a group of PARC clients. Questions about the effects of the discovery on the self and on relationships are answered openly.